

LAMOILLE NEIGHBORS

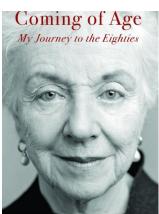
Launch Date Is Approaching!! Join Us March 30th for a launch party at River Arts, 5-7 PM. Refreshments, drinks, music by Papa Greybeard and Cookie, meet the board, your neighbors, and hear Representative Dave Yacovone speak. Celebrate this new innovative non-profit in Lamoille County that will help us age in our own homes closely connected to our communities.

All our events for April are open to the public. We hope you can attend and please invite friends.



April 6th, 3 PM Lives Well Lived, Langher Memorial Library, Hyde Park. Sponsored by Lamoille Neighbors and the Lanpher Memorial Library.

This movie celebrates the incredible wit, wisdom and experiences of adults aged 75 to 100 years old. Through their intimate memories and inspiring personal histories encompassing over 3000 years of experience, forty people share their secrets and insights to living a meaningful life. These men and women open the vault on their journey into old age through family histories, personal triumph and tragedies, loves and losses - seeing the best and worst of humanity along the way. Their stories will make you laugh, perhaps cry, but mostly inspire you. Discussion to follow.



April 26th, Madeleine Kunin, 6PM. Green Mountain Technology and Career Center, Community Room. Sponsored by Lamoille Neighbors and Lanpher Memorial Library. A reading and talk with Madeleine Kunin, Vermont's first, and to date, only woman governor and author of a new memoir, Coming of Age: My Journey to the Eighties. Life expectancy, for many, is increasing, yet people rarely contemplate the emotional changes that come alongside the physical changes of aging. Madeleine wants to change that. Coming of Age: My Journey to the Eighties takes a close and incisive look at what it is like to grow old. The book is a memoir, yet most important of all, it is an honest and positive look at aging and how it has affected her life.



Board Members learning to navigate the website.

Thank you Kathy Geiersbach, Judy Clark and Marilyn May for getting our website up and running, www.lamoilleneighbors.org. You can become a member, a volunteer or a donor on our site. Please contact us if you have any issues.

One of the great things about the village movement is **One Call Will Do it All.**Our # after April 1st will be 802-585-1233

We plan to launch with volunteers taking calls Mondays, Wednesdays and Fridays 10-4, until we are in a financial position to hire a part time executive director. You can request volunteer services on the website anytime as well as calling during the above hours.

As we approach our launch date please go on-line and sign up to be a volunteer or call us if you need help signing up. If you don't want to do direct service we could use volunteers to take calls, do administrative tasks, volunteer training, etc.. We need YOU.

Board Member Joan Greene

Joan loves to volunteer. Her earliest memory of volunteering was in southern Vermont, helping at the town fair with her grandfather. In her adult life she was a coach for her daughter's soccer team and an active member of her professional nurse practitioner local, state and national associations. Currently she serves on the board of Lamoille Community Food Share, supports the Morrisville Food Coop and Salvation Farms. She also has a therapy dog and has accompanied her to elementary schools and colleges to bring joy to students.

Her passion is soccer. She will be rooting for the US women's team in France this summer.

She and her husband, Kris, are enjoying their first granddaughter, born last fall.



LENDING A HELPING HAND

In the spirit of community, LAMOILLE NEIGHBORS hopes to have a brigade of volunteers lending a helping hand. Our plan is to have volunteers donate their time and energy to members of our organization in Hyde Park and Morrisville.

Why volunteer? Voluntarily giving one's time and talents to others has been shown to reduce stress, combat depression and provide a sense of purpose (Helpguide.org). Volunteering can give one confidence, combat isolation, facilitate meeting new people, assist in becoming a vital part of the community...and it can be fun!

Joan Greene

If you have a calendar event that you would like us to list in our monthly newsletter and on the website that would be of interest to "seniors" let me know at lisadimondstein@me.com. Starting in April we will be able to offer transportation to members for these events.

COMMUNITY CORNER: Calendar of Events that might be of interest

Lanpher Memorial Library is sponsoring 3 events that are free and open to the public. They are all at 12:00 at the Sterling View Community Center

Monday, March 18th: ABLE Library staff will visit to talk about and demonstrate their primary services: (Audio, Braille, Large Print, E-Books) They will bring equipment to demonstrate, including audio books, with cartridges.

Monday, April 8th: Advance Directives

Monday May 13th Better Business Bureau Speaker on Scams, Fraud and Identity Theft.

Lamoille County Civic Center: March 6th, 1:30. Medicare Information Session presented by MVP April 3rd.1:30PM The Character Batiste. Lawrence Earle, Lamoille County poet and raconteur

Osher March 6th, 1:30 . \$5. at the Commodore Inn, Stowe. Living Behind the Iron Curtain in the 80's

Second Congregational Church Hyde Park, April 12th, 5PM

Old-fashioned Church Dinner (\$8.00 adults & \$4.00 children 12 & under), followed at 7:00 p.m. by - Beg, Steal or Borrow Concert (renowned blue-grass band) (\$10.00 donation at the door). People can attend one or the other or both



Our first Lamoille Neighbors outing! 8 of us journeyed to the Burlington Flower Show and shared a delicious lunch together.



Thank you to our community supporters and to the voters of Hyde Park who appropriated \$600 for Lamoille Neighbors at Town Meeting











