



## LAMOILLE NEIGHBORS

### Upcoming Events for August

If you need transportation for any events call Bonnie at 802-585-1233.

**CHANGE OF DATE. Outdoor Music Event - TAKE 5 - performing at Ellen & Larry Gibbs' accessible lawn- 826 Trombley Hill Rd, Hyde Park, August 15th, Monday , 5-6 PM.**

We hosted this popular group last year. The Take 5 Jazz Ensemble hails from Lamoille County and has been playing together for about 6 years with Larry Gibbs on drums, Roy Gilbert on guitar, Dave Tisdell on keyboard, Charlie Yerrick on bass, and Rachel Funk on vocals. The band plays standards, bossa nova, blues, show tunes, and more, and has performed at many venues throughout Lamoille County including at the Trapp Family Lodge, the Morrisville Wednesday Night Live Music Series, and for private events. Register [HERE](#) . Bring a chair if you have one.



**Our monthly Coffee Hour, August 5th, 10:00 a.m.** at the Congregational Church in Hyde Park. Our only goal is to talk and laugh. Masks are required. If you would like to participate, please call Bonnie at 802-585-1233.

**History Tour of Hyde Park Village, Wednesday August 10th, from 10:00 - 11:15 am.**

Member Jack Anderson, local Hyde Park resident and historian, will be leading a "virtual walk" of the Village of Hyde Park. It will take place at the shady backyard of Jack and Sharon Anderson's home at 77 East Main St.. We will learn about the history of Hyde Park from the comfort of our chairs. (Bring a chair if you have one but we have extras if needed). We will visit the Lamoille Central Academy baseball field, the warming hut & skating rink, the Hyde Park train station, hear from an impressionist innkeeper, and learn about the Hyde Park Country Club. We will hear/read some of the Hyde Park Pop-up History Trail. Register [HERE](#).

**Annual Meeting and Potluck August 20th at 5PM. Outdoors at Sue Moore's home, 114 Langdell Rd. Hyde Park. Come celebrate the accomplishments of Lamoille Neighbors and the dedication of our volunteers and donors. We will have a short meeting, some songs by member John Dudley, and of course, a game. Enjoy delicious food, visit with old friends and make new ones. Come even if you can't make a dish. There is always plenty of food. Register [HERE](#) .**

**Ongoing**

Zoom Arthritis Friendly Bone Building, Tuesdays 1-2 p.m with Maxine Adams. Sponsored by Lamoille Neighbors and a grant from the Humanities Council. Email [maxineladams@gmail.com](mailto:maxineladams@gmail.com) if you'd like to join.

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We had a wonderful evening of entertainment with Carrie and D. The good feeling from the fabulous music lasted for days.



A big thank you to Pixie Loomis for hosting our July potluck. 18 members enjoyed delicious food and a gorgeous sunny day in a beautiful setting.





## Southwestern Black Bean and Corn Salad

By: Sue Aikman (member)

From: America's Test Kitchen recipe

4 scallions, sliced thin  
 1 tablespoon minced chipotle chiles in adobe sauce  
 1 teaspoon honey  
 1/3 cup lime juice from 3 limes  
 salt and pepper  
 1/4 cup olive oil  
 2 cups fresh or frozen corn  
 2 (15 oz) cans black beans, drained and rinsed  
 2 ripe avocados, pitted, skinned and chopped  
 2 medium tomatoes, cored and chopped  
 1/4 cup finely chopped fresh cilantro

*#1. Make the Dressing:* Combine scallions, chipotle, honey, lime juice, 1/2 teaspoon salt, and 1/2 teaspoon pepper in a large bowl. Slowly whisk in 2 tablespoons oil. (Dressing can be refrigerated, covered for 1 day.)

*#2. Toast the Corn:* Heat remaining oil in large skillet over medium-high heat until shimmering. Cook corn until spotty brown, about 5 minutes.

*#3. Toss the salad:* Add beans, avocados, tomatoes, cilantro, and toasted corn to bowl with dressing and toss to combine. Season with salt and pepper. Serve. (Can be refrigerated in an airtight container for 2 days. Bring to room temperature and toss.)

**Sue's notes:** Add extra corn.

Substitute grape tomatoes halved for larger ones.

Toss in a chopped jalapeño.

**Current Office Hours are Monday and Wednesdays 10:30-4 and Fridays 9-12.**

**When you call, leave a message. Bonnie will call you back on her next working day.**

**If possible, please try to give us one week notice when you request a service. This is so we can more easily find a volunteer for you.**

**NEW FOR OUR VOLUNTEER DRIVERS.** If you transport a member outside of Lamoille County we will reimburse you a flat rate of \$15. Please just send an e-mail to Joan Greene after your transport. [jlgreene@myfairpoint.net](mailto:jlgreene@myfairpoint.net)

Welcome to our new member: Pauline Polly Liese from Morrisville.



John Dudley  
Marilyn May  
Anne Shackett  
Don Shackett  
Nancy Trella  
Paula Ratchford  
Eleanor Ahlers  
Barbara Scribner



**THANK YOU TO OUR PARTNERS, SUPPORTERS AND BENEFACTORS**



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**Thank you to all the individual donors who help make Lamoille Neighbors successful.**