



LAMOILLE NEIGHBORS

Call Janice at 802-585-1233 if you need help registering for an event or need transportation. **New office hours are Monday, Wednesday and Friday from 8:30-1:00.** Stop in any time to say hello to Janice.



Welcome to Janice Fletcher-Yarson, our new “voice” of Lamoille Neighbors. Janice comes to us with a long history of administrative and office work. She “retired” to Vermont in September and we are thrilled that she is joining us as our new office manager. Vanessa is off to her next adventure but is lending support as Janice is learning the ropes.

Come meet Janice and enjoy refreshments at the office on January 8th at 10am.

For events, register on line or call Janice at 802-585-1233.



November 29th and 30th, a two day textile/fabric collage workshop from 2-5 each day, is being offered by Jayne Allister in her studio at 345 Davis Hill Rd. Hyde Park. This will be limited to four participants. “After many years of painting floorcloths, furniture, lamps and treasured junk shop finds, I have become obsessed with textiles. Collaged, painted, embroidered, embellished. I find most of my fabrics in thrift shops – a blouse here, a dress there, a scarf anywhere! Great patterns and colors waiting for their second chance – antique linen, unbleached cotton – beads, buttons, fringe. All wonderful elements to put together.”

“I invite you to share this passion of mine in a two day workshop in my studio. You can make either a cushion, or an art puppet. I have lots of fabrics, embroidery threads, beads and buttons. It would be great to bring any pieces of fabric, however small, and embellishments you may have lying around – the more choice, the more creativity, the more fun! And take a ‘kit’ home with you, of threads, needles etc. to finish your piece.” Register [**HERE**](#).

Our monthly Coffee Hour, December 1st, 10:00 a.m. at the Congregational Church in Hyde Park. Our only goal is to talk and laugh. If you would like to participate, call 802-585-1233 or register [HERE](#).



December 4th, 2-3 PM. Nourishing Traditions, at the Second Congregational Church in Hyde Park. Join Kim Lipinski, the Director of Nutrition and Wellness for the Central Vermont Council on Aging, in her exciting journey to preserve Vermont's culinary heritage. Did you ever wonder how recipes were written and followed in



the 1800's? What is comfort food to you? As a part of an ambitious project, which we will learn about, she is collecting cherished recipes from Vermonters to celebrate the delicious traditions of the Green Mountain State. Feel free to bring family recipes and the heart warming stories that accompany them. It's all about the love and connection that food can bring to our lives. Register [HERE](#).



December 18th, Holiday Light Tour, 5 pm. Get in the holiday spirit with hot chocolate and goodies at our office. This will be followed by a driving tour around the Morrisville area to view the lights and decorations of the season. Transportation will be provided. Register [HERE](#).

December 26th, Full moon Snowshoe, 6:30 pm. Join the band of snowshoers under the full moon. We will be out for about one hour on an easy trail. Each month we will meet at a different location. Our first outing will start at the end of Davis Hill Rd. Hyde Park. Poles are helpful. If there's not enough snow we'll do a road walk. Please register so we can notify you with any changes. If you have questions e-mail lisadimondstein@me.com or call Lisa at 802-233-4179. Register [HERE](#).

Ongoing Groups:

Article discussion group December 13th and 27th. We meet every other week on Zoom. We limit this group to 9 participants, and currently we are full. If you'd like to know when an opening becomes available put yourself on a waiting list by calling 802-585-1233.

Weekly Yoga with Faith Bieler, Thursdays at River Arts at 9 a.m. All levels welcome. E-mail lisadimondstein@me.com if interested and not already registered. Faith is an extraordinary instructor. We hope you'll give the class a try.

Are you interested in learning chess or know the basic rules but want to hone your skills? Member Ted Zilius has offered to start a regular weekly meet-up. He has boards and the knowledge to teach. Day and time will be decided by those interested. Can be a Tuesday, Wednesday or Saturday. Please call the office if interested. 802-585-1233.



Tea/coffee and confections were enjoyed at the Fledermaus Barn in Johnson.



Ten members hiked Laraway Lookout in Waterville. Here's a quote from one of the participants. "this felt like the essence of Lamoille Neighbors - helping each other to do the things we want to do which keep us engaged, active, and feeling part of a community".



Although this time we weren't able to look directly through a telescope due to weather, Neil Perlin gave an exciting and informative indoor presentation on the moon at Olea's. Thank you, Neil, for your knowledge and enthusiasm as well as ability to answer all our off the cuff questions with humor and expertise.



Eric Nuse entertained 30 people with his *Vermont Wild* stories. This is the second time Eric has shared his humorous tales of life as a game warden in Lamoille County, with Lamoille Neighbors. Thank you, Eric, for your engaging and relaxed storytelling style. It never gets old to listen to your tales.

DID YOU KNOW THAT WE HAVE VOLUNTEERS WHO CAN HELP WITH
TECHNOLOGY SUPPORT WHETHER YOU USE A PC OR A MAC?
DO YOU NEED HELP SETTING UP OR LEARNING HOW TO USE YOUR PHONE,
TABLET OR COMPUTER?
CALL 802-585-1233 AND WE CAN SEND OUT ONE OF OUR FABULOUS
VOLUNTEERS TO HELP YOU.

Nancy Trella, a beloved member of Lamoille Neighbors, died October 17th. She will be missed by those of us who had the pleasure of knowing her over the past four years. Nancy moved to Vermont in 2015 from Connecticut, first to Milton and in 2017 to Morrisville to be near her son, Tom, in Elmore. She participated in many events with Lamoille Neighbors including joining the clay section of *Everyone Has a Story to Tell*, to “try something new”. She particularly loved the potlucks and music events. Nancy had a great sense of humor and was a joy to be with.



Poem that member Melanie Dennis wrote after her Lamoille Neighbors foliage drive with Mary Miller and Carmen Campbell.

Thoughts for Fall 2023

A timid fall tiptoed in this year
spite flood and rolling heat

To challenge all old maple stands
to show their usual wares.

Thin Birches “twinkle” their threads of gold - behold! -
While rusted brown “be-nutted” oaks hold firm to harbor squirrels
And willows weep long shimmering strands
and bend to brooks below.

So Carmen - Mary and also me, roam hillsides now, quite pleasantly!
for natures palate all round we see.

There’s Apple “Spies,” for apple pies and
other things quite tasty!! Wheee.

Some sumac vivid - euonymus bold - hold on to “peek” -
now here - now there -

To warn of coming winter’s wailing cold -
when snows and howl of northern winds, will bare them to its will.



Cristina Escobedo shared her gorgeous operatic voice with a group of Lamoille Neighbors at the Second Congregational Church in Hyde Park. You are going places, Cristina!

Thank you for sending in your surveys. We are in the process of reviewing the results. The board takes all your suggestions and feedback seriously, even if we can not act on all of them at this time.

Welcome to our new members: Beverly Bishop of Stowe and Curt Tetrault of Stowe.

And to our new volunteer: Tammy Parker of Hyde Park and Touria Judd from Hyde Park.



Beverly Bishop



Curt Tetrault



I wish, for each of you, a peaceful holiday season, whatever your traditions are. Holidays can be joyful, but they can also be stressful or a time of loneliness and sadness. If you need a friendly visitor, reach out to us. Personally, I look forward to the solstice and the returning of the light.

Lisa Dimondstein



Diversity is a source of strength, creativity, and innovation for Lamoille Neighbors. We commit to creating an environment that welcomes and values the contributions of each member, volunteer and staff person and respects their identity, culture, background, and abilities, thus enriching Lamoille Neighbors.

December Birthdays

Sharon Anderson
Dusty Boynton
Carmen Campbell
Joan Greene
Claire Hancock
Betty Polow
Nancy Banks
Beth Springston
Maggie Stewart
Bonnie McDermott
Ted Zilius

THANK YOU TO OUR PARTNERS, SUPPORTERS AND BENEFACTORS

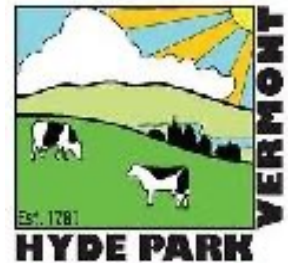
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