



LAMOILLE NEIGHBORS

We Are Thinking Of You

- ❖ Ongoing discussion group for members will meet May 20th at 1PM. If you'd like to join, and are not already on the list, e-mail Ellen Gibbs at esgibs@yahoo.com.
<https://www.nytimes.com/2020/05/05/magazine/how-analog-clocks-can-give-us-more-by-giving-us-less.html>
- ❖ Spruce Peak Performing Arts is offering free concerts, **Off Stage Wednesday PM Music Series** <https://www.sprucepeakarts.org> . These are free but you must register on line.
- ❖ **Museum Virtual Tours:** [The Louvre in Paris](#), [The National Gallery in Washington DC](#)
[The Courtauld Museum in London](#) , [The Metropolitan Museum of Art in NYC](#)
Just click on the museum name and it will take you to the website.
- ❖ **Theater, Music, Operas, Movies Online:** [This site has a wealth of documentaries](#) on all sorts of subjects.
- ❖ If you love piano music try this site: <https://www.grandpianoseries.org/post/piano-music-during-covid-19>
- ❖ Page 2 has some of the local restaurants that are offering curbside meals or treats. If you are hankering for a meal that you don't have to cook, and you don't drive, volunteers can deliver to your door. Give us a few days notice and what time you want a pick up. Call the restaurant and pay over the phone with a credit card.

And for our members who do not have internet here are some brainteasers for the week.
Answers are on the last page.

1. Name two things you can never eat for breakfast.
2. No matter how smart you are, you always overlook this.
3. Name three consecutive days without using the words Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, or Sunday.
4. Two men are playing chess. They play five games and each wins three. How is that possible?
5. Forward I am heavy, backward I am not. What am I?

Honey Granola Recipe From Kathy Geiersbach

8 cups old-fashioned whole oats
 scant 2 cups brown sugar
 2 cups almonds
 2 cups pecans, some broken
 1 cup sunflower seeds
 2 tsp cinnamon
 1/2 tsp salt

MIX TOGETHER IN LARGE CONTAINER

Melt 2 sticks butter
 Add 1 scant cup honey and 1 Tbsp vanilla

Pour honey mix over oatmeal mix and mix well

Spread onto parchment on 2 cookie sheets
 Bake in oven preheated to 320 degrees F.
 Stir and rotate sheets every 10 minutes until
 light golden brown, about 30 minutes.
 Stir in 1 cup dried cranberries, 1 cup dried
 blueberries, or other dried fruit.

Store in airtight container.

From Judy Womack, volunteer for Lamoille Neighbors. With all the time on my hands, I have been weeding out papers and cleaning and happened to run across this, which I found funny once again:

REQUIRED READING

How to Write Big Books by Warren Peace
 I Lost My Balance by Eileen Dover and Phil Down
 The German Bank Robbery by Hans Zupp
 I Hate the Sun by Gladys Knight
 Prison Security by Barb Dwyer
 How I Won the Marathon by Randy Holeway
 The Lion Attacked by Claude Yarmoff
 Take This Job and Shove It by Ike Witt

Some Local Restaurants Doing Curbside Take Out

Elmore

Firetower Pizza

Morrisville

Black Diamond BBQ
 Amato's Sandwich Shop
 Cake and Crumb
 Charlmont Restaurant
 Deb's Place
 El Toro
 Green Dragon
 Hoagie's Pizza and Pasta
 House of Pizza
 Moog's Place
 Mountain View Snack Bar
 North Country Cakery
 New Fu Lin Chinese Restaurant
 Pizza on Main
 Siam Thai
 Subway

Johnson

Downtown Pizzeria and Pub
 Johnson's Chinese Kitchen
 Moog's Joint
 Susanna's Catering

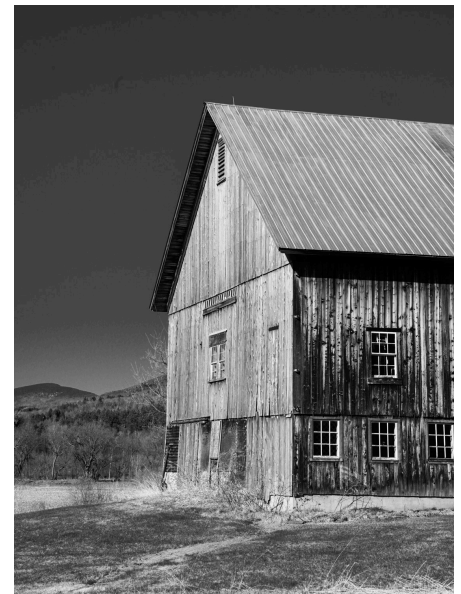
Stowe

Burts Irish Pub
 Deep End Wood Fired Pizza
 Edelweiss Mountain Deli
 Green Goddess
 Harvest Market
 Idletyme Brewing Co.
 Matterhorn
 PK Coffee
 Over the Wall
 Piccasso Pizzeria
 Ranch Camp
 Stowe Sandwich
 Sushii Yoshi



Shapleigh Smith, celebrating his 50th year living, working and enjoying being in Vermont, has been trying to hike every day this Spring exploring new (to him) places in the Lamoille River area. Walking with his camera he has been looking to capture images in black and white that tell a story of what it is like to experience the end of winter and the journey to summer.

Shap is a member of and a volunteer for Lamoille Neighbors.



Nine Lamoille Neighbors members had a lively conversation at our bi-monthly discussion group. In the conversation we talked about the role of youth voices in our state and the world. Below is an inspiring speech given by a Hyde Park 16 year old, Sophia Clark, at a statewide virtual youth summit. Thank you, Sophia, for letting us print your speech.

COVID-19 has been both a burden and a blessing.

I think this is a time where we all need to tune into our higher selves and ask the question:

“What is it that we truly want in our lives?”

And the answer for most of us, I hope, is peace, safety, and health. This virus has shown us that it does not matter what your age, gender, race, religion, financial, or social status is. We are all human and we all deserve life, love, liberty, and the support from one another. As you are well aware, many people on this planet are experiencing an elevated state of emotional, financial, and physical stress. Right now, food and security are top priorities in which many people's needs are not being met.

Growing up on an organic, family-owned farm has opened me up to the significance and importance of food in our society. I believe that Regenerative Agriculture can help save humankind as well as help restore the Earth. I think that Regenerative Agriculture should be a top priority to teach people of all ages in this time of crisis. Because, when it comes down to it, food is the baseline to every civilization, past, and present. It is the very reason we are alive. My wish is for the citizens of Vermont and the rest of the world to have easier, more sustainable, access to supplies such as compost, seeds, tools, and to find a way to share the land. This is already being implemented by some programs, such as Heifer International, but it must be implemented more. Coops, CSAs, gardens, farm stands...We need more. Now is the time when we must learn to feed ourselves and those in need, such as the homeless, unemployed, elderly, and those that suffer from mental and or physical illnesses.

We must change. We must find connection: in ourselves, with each other, and with the Earth.

COVID-19 is a wake-up call.

Are we awake enough to hear it..?

The Lanpher Memorial Library in Hyde Park will resume curbside service beginning Friday, May 15th.

Their schedule is: Wednesdays and Fridays, ordering 11:00-1:00 and pick up 1:00-3:00.

You can request a book on line or by calling 802-888-4628 Wednesdays and Fridays 11-1.

All of their circulating items will have been quarantined for 7 days before going back into circulation. They will be wearing masks and adhering to regular hand washing and sanitizer use. However, as an added precaution, you may consider letting your borrowed materials sit in the bag for up to 72 hours before removing them.

If you need a book pick up and delivery to your doorstep please call Lamoille Neighbors at 585-1233

Answers to the brainteasers from page 1

1. Lunch and dinner
2. Your nose
3. Yesterday, today and tomorrow
4. They aren't playing with each other
5. The word Ton

THANK YOU TO OUR PARTNERS, SUPPORTERS AND BENEFACTORS



Park Street Collective, LLC



Lanpher Memorial Library

Howard Manosh

Join this exciting movement as a Lamoille Neighbors member, click [HERE](#)
As a volunteer, click [HERE](#)
As a donor, click [HERE](#)

Or any combination of the above! Volunteers can be members and members can be volunteers and anyone can be a donor.